

FOR AGES 4–12

MOVE THE MUSIC!

**AGES: 4–12 YEAR OLD IN AGE-APPROPRIATE GROUPS • LENGTH: 30-45 MINUTES
SINGLE WORKSHOP OR MULTI-DAY RESIDENCY • BEST SUITED FOR MAXIMUM GROUP SIZE OF 15**

Move the Music! is a cross-cultural program that gives children music-making tools:

- Through games that get participants singing, galloping, speaking, laughing and playing instruments from drums to recycled junk percussion.
- Through kinesthetic games where children improvise movement responses to the music and learn how musical concepts *feel* in their own bodies.



MOVE THE MUSIC!:

- Is always fresh because all music is improvised live, in the classroom.
- Gives children the unique experience of having the music follow *their* movement as well as exploring how they can feel the music in their bodies.
- Nurtures creative problem solving, self-expression, and leadership skills.
- Is based on the widely recognized Dalcroze Eurhythmics approach, in which Guy holds international certification.
- Residencies for older children often culminate in participant-produced CDs or songwriting for musical plays. Samples from previous programs may be heard online at www.guymendilow.com/kidmademusic.html.

AROUND THE WORLD IN SONG

**AGES: 5-12 YEARS OLD IN AGE-APPROPRIATE GROUPS • LENGTH: 30-60 MINUTES
SINGLE WORKSHOP • SUITABLE FOR GROUPS OF ANY SIZE • TEACHER RESOURCE MATERIALS AVAILABLE**



Photo: Gretjen Helene Photography

Did you know that the berimbau is really a musical bow and arrow, made with wire from the inside of a car tire, and that instruments like it are found in over 120 cultures?

In this workshop:

- Children meet some of the most important members of the band: the instruments themselves, such as the berimbau, the munnharpa (jaw harp), the Peruvian cajon (box drum) and overtone singing,
- Fun stories, exciting rhythm games and joyous sing-alongs, in up to six languages, introduce children to music from around the world.

(There's more!→)



FOR AGES 13 — ADULT

MAKING YOUR GROOVE

**AGES: 13 YEARS OLD — ADULT • LENGTH: 45-90 MINUTES
SINGLE WORKSHOP OR MULTI-DAY RESIDENCY • BEST SUITED FOR MAXIMUM
GROUP SIZE OF 30 • TEACHER RESOURCE MATERIALS AVAILABLE**

Making Your Groove participants learn ways to create their own music, from the ground up. Movement and improv games teach participants how to:

- Work as an ensemble
- Listen to and musically complement one another
- Lead a group of musicians
- Create meaningful musical improvisations that are as fulfilling as they are unique.

Making Your Groove starts the music making process right where we are, with what we have already, by transforming ordinary objects and experiences into vibrant musical inventions.



Photo: Gretjen Helene Photography

LISTENING THROUGH THE MUSIC: IMPROV AS A TOOL FOR COMMUNICATION

**AGES: 14 YEARS OLD—ADULT • LENGTH: 45-90 MINUTES PER SESSION
SINGLE WORKSHOP OR MULTI-DAY RESIDENCY • BEST SUITED FOR MAXIMUM GROUP SIZE OF 15
• TEACHER RESOURCE MATERIALS AVAILABLE**

Our ability to communicate and collaborate across cultural and linguistic differences can determine the success of many of our endeavors, from the assembly of a project staff to effective mediation. Musical improvisation can serve as powerful vehicle for such listening and connection.



This introductory workshop explores the three essential ingredients for such collaborations: the abilities to tune in, connect, and respond spontaneously and meaningfully to one another. Exciting, quickly learned music improv and movement games offer ways to cultivate these abilities, setting the stage for effective group improvisation, both in the realm of music and beyond.

This workshop requires no previous musical experience. Participants should come ready to move and play.

➤ This workshop has been used effectively by such mediation organizations as **Seeds of Peace**, working with Israelis and Palestinians and Indian and Pakistanis, and by innovative youth leadership projects like **The Breakthrough Collaborative**.



FOR AGES 13 — ADULT



Photo: Gretjen Helene Photography

JOURNEY: A GLOBAL ADVENTURE

AGES: 13 YEAR — ADULT • LENGTH: 30-75 MINUTES

SINGLE WORKSHOP • SUITABLE FOR GROUPS OF ANY SIZE •

TEACHER RESOURCE MATERIALS AVAILABLE

Explore such unusual instruments as the berimbau, overtone singing, munnharpa (jaw harp) and percussion from around the world in this inspiring performance-based workshop. Participants learn about instrument construction, cultural background and playing techniques through a session packed with songs in six languages, over eighteen instruments and stories to make you laugh and think. There's plenty of

room for question and answers and for interacting with the artists off-the-stage.

ABOUT GUY MENDILOW

A citizen of Israel, Great Britain and the United States, Mendilow spent his most formative years playing hopscotch between continents when his musician-turned-professor father was invited to a succession of teaching posts. From early childhood on, most aspects of Mendilow's life were a cultural, linguistic and musical mix. He grew up participating in late night song circles and living room concerts with local musicians in his different homes, whether in Jerusalem or Johannesburg and whether the songs were Israeli, South African, English or American. At ten, Mendilow joined the renowned American Boychoir and kept traveling, touring internationally and domestically and performing some two hundred concerts a year in venues like Carnegie Hall. Since age fifteen, Mendilow has continued to immerse himself in new cultures, seeking opportunities to learn languages and collaborate with instrument builders and performers. To date, he has lived and performed in South Africa, Israel, Taiwan, Canada, Mexico, Brazil and the United States. He sings in six tongues and is fluent in four.



An accomplished educator deeply committed to teaching leadership and communication skills through music, Mendilow leads workshops, teacher trainings and residencies at schools across the United States and Brazil and presents at such conferences as the New Jersey Montessori Administrators Council Conference, the Conference on Alternatives in Jewish Education at Duke University, and the Conference on Social Healing through the Arts in Boston. He also collaborates with international mediation organizations like **Seeds of Peace**, which works with Israeli and Palestinian youth, teen leadership projects like the **Breakthrough Collaborative**, and social justice efforts like **Jaymes Fund for Social Justice**. Mendilow holds a Masters in Music and international Dalcroze Eurhythmics certification from the Longy School of Music in Cambridge, MA.

